



INGÓLFSSKÁLI  
VIKING RESTAURANT

MENU  
11.09.2023

# Welcome to Ingólfsskáli

You'll experience some of Iceland's finest delicacies at our restaurant in a truly unique environment. The Ingólfsskáli Viking longhouse is among the largest in Iceland, and it is decorated with beautiful wood carvings, shields, and pelts honoring Iceland's cultural heritage and traditions.

Our menu is inspired by the Vikings with a touch of modern culinary techniques. Seasonality and availability played a large role in the food that the Vikings could gather and harvest and equally, this informs the dishes served at different times of the year to maintain a high degree of authenticity.

We hope you'll enjoy the evening!

## In the beginning... - Í upphafi...

For the adventurous Vikings

### Taste of Tradition

A taste of Iceland's finest culinary traditions that will leave you feeling like a true Viking!

Brennivín schnaps - dried stockfish with butter - fermented shark

**1.890 kr.**

### Smakk af hefðum

Smakk af því besta sem íslensk matarhefð hefur getið af sér!

Brennivín - kæstur hákarl - harðfiskur með smjöri

**1.890 kr.**

All prices in ISK and can be subject to change

# Viking Feast - Víkingaveisla

The ultimate feast for the true Viking warriors

A set three course dinner - only served for the whole group - Two guests minimum

## Viking Tasting Plate

smoked salmon - marinated herring -  
double smoked leg of lamb - cured horse

## Steak Platter

grilled beef rib-eye - fried rack of lamb -  
glazed pork belly

## White Chocolate & Thyme “Skyr”

blueberry consommé - crow berries - rye crumble

## Sides

fried potatoes – honey glazed carrots –  
roasted mushrooms – lovage chimichurri –  
horseradish sauce – steak sauce

Þriggja rétta matseðill - aðeins framreitt fyrir allt borðið - Fyrir að lágmarki tvo gesti

## Víkingaplatti

reyktur lax - síldarsalat - grafið hross -  
tvíreykt hangikjöt

## Steikarplatti

grillað nauta rifauga – lambakóróna – gljáð  
grísasíða

## MEDLÆTI

steikt smælki – hunangsgljáðar gulrætur –  
steiktir sveppir – skessujurta “chimichurri” –  
piparrótarsósa – steikarsósa

## Hvítskúkkulaði og

## garðablóðbergsskyr“ Skyr”

bláberjaseyði – krækiber - rúgbrauðsmulningur

Price per person - Verð á mann  
12.990 kr.

Contact: Ingólfsskáli Viking Restaurant - Efstaland - 816, Ölfus Email: [ingolfsskali@ingolfsskali.is](mailto:ingolfsskali@ingolfsskali.is) Tel: +354 662 3400  
[www.ingolfsskali.is](http://www.ingolfsskali.is)



## TO SHARE - TIL AÐ DEILA

### Icelandic Meat & Cheese Platter

Icelandic cheeses – smoked lamb – cured horse – smoked pork – seed crackers – crostini – dates – salted nuts

**5.390 kr.**

### Vegan Harvest (V)

cured carrots - pickled cauliflower - pickled swedes - kale - beetroot hummus - sesame crackers - crostini - dates

**4.390 kr.**

### Íslenskur osta- og kjötplatti

íslenskir ostar – tvíreykt hangikjöt – grafið hross – reykt rúllupylsa – frækex – stökkt súrdeigsbrauð – döðlur – salthnetur

**5.390 kr.**

### Grænmetisplatti (V)

grafnar gulrætur – sýrt blómkál – sýrðar gulbeður – grænkál – rauðrófu hummus - frækex – stökkt súrdeigsbrauð – döðlur

**4.390 kr.**

## SMALL PLATES - SMÁRÉTTIR

### Seafood Soup

fish - scallops - mussels - pickled fennel - mustard seeds - dulse

**2.990 kr.**

### Grilled Prawns

Icelandic Feykir cheese - marinated swedes - citrus dressing - arugula - brick pastry

**2.890 kr.**

### Icelandic Smoked Trout

preserved lemon “Skyr” - pickled fennel - roe - pomegranate - dill

**3.090 kr.**

### Red Beet Salad (V)

goat cheese - creamed dill - arugula - pine vinaigrette - figs - sugarcoated nuts

**2.890 kr.**

### Sjávarréttarsúpa

fiskur - hörpuskel - bláskel - sýrð fennika - sinnepsfræ - söl

**2.990 kr.**

### Grillaðar rækjur

Feykir - marineraðar gulbeður - sítrusdressing - klettsalat - brikk kex

**2.890 kr.**

### Reyktur Silungur

saltsítrónu-skyr - sýrð fennika - hrogn - granatepli - dill

**Kr.3.090 kr.**

### Rauðrófusalat (V)\*

geitaostur\* - dill krem - klettsalat - grenidressing - fíkjur - sykraðar hnetur

**2.890 kr.**



# MAINS - AÐALRÉTTIR

## Smoked Cod

mead barlotto - blue mussels - shellfish  
sauce - apple salad

**5.990 kr.**

## Pan Fried Char

horseradish purée - herbed potatoes -  
fermented cabbage - broccolini - whey monté  
- grated smoked lamb - toasted almonds

**6.190 kr.**

## Fried Duck Confit

apple chutney - fried potatoes - celeriac  
slaw - pickled red onion - cherry glaze

**5.990 kr.**

## Lamb Fillet

fried potato - salt baked celeriac - celery  
relish - shallots - demi glaze - truffle oil

**7.390 kr.**

## Vegetable Steak

roasted chickpeas - glazed carrots -  
broccolini - fennel salad – pomegranate -  
toasted almonds

**5.490 kr.**

## Reyktur Þorskur

mjaðarlagað byggotto - bláskel -  
skelfisksósa - eplasalat

**5.990 kr.**

## Pönnusteikt Bleikja

piparrótarmauk - kryddjurtasmælki -  
gerjað hvítkál - brokkólíni - mysusmjörsósa  
- rifið hangikjöt - ristaðar möndluflögur

**6.190 kr.**

## Steikt andalæri

sultuð epli - steikt smælki -  
seljurótarhrásalat - sýrður rauðlaukur -  
kirsuberjasósa

**5.990 kr.**

## Lambafille

steikt kartafla - saltbökuð seljurót -  
sellerísalat - skarlottulaukur - soðsósa -  
truffluolía

**7.390 kr.**

## Grænmetissteik

ristaðar kjúklingabaunir - gljáðar gulrætur -  
brokkólíni - fenniku salat – granatepli -  
ristaðar möndluflögur

**5.490 kr.**

Contact: Ingólfsskáli Viking Restaurant - Efstaland - 816, Ölfus Email: [ingolfsskali@ingolfsskali.is](mailto:ingolfsskali@ingolfsskali.is) Tel: +354 662 3400

[www.ingolfsskali.is](http://www.ingolfsskali.is)

## DESSERTS - EFTIRRÉTTIR

### Skyr Cheesecake

sugared berries - oat crumble

**2.790 kr.**

### Fried Rice Pudding

chocolate mousse - vanilla ice cream -  
blackcurrant granita

**2.790 kr.**

### Fried Banana Bread

milk caramel - salted peanuts - coffee ice  
cream

**2.790 kr.**

### Rhubarb Crumble

caramel - poached rhubarb - milk ice  
cream

**2.790 kr.**

### Skyrostakaka

sykruð ber - haframulningur

**2.790 kr.**

### Djúpsteiktur grjónagrautur

súkkulaðimús - vanilluís - sólberja  
graníta

**2.790 kr.**

### Steikt bananabrauð

mjólkurkaramella - salthnetur - kaffiís

**2.790 kr.**

### Hjónabandssæla

karamella - sykurleginn rabbabari  
- mjólkurís

**2.790 kr.**

## ACTIVITIES - LEIKIR

Test your skills in the games of axe-throwing and archery

- No need to book in advance -
- You enter at your own risk -
- Outdoor activities -

### Axe Throwing - Axarkast

**2.390 kr.**

### Archery - Bogfimi

**2.390 kr.**

Please note that the activities have limited availability from  
October to April due to possible weather conditions and  
limited daylight.



# [www.ingolfsskali.is](http://www.ingolfsskali.is)

... we look forward seeing you!





